

*An oceanfront single room and ample time to learn, walk, pray, and just be, and even better to be.... with God!*

# **The Anchorage 26<sup>th</sup> Annual Beach Retreat**

## **“Always, We Begin Again”**

**Friday, Jan. 26 - Sunday, Jan. 28, 2024**

Come away, anchor deep! TAKE TIME TO BREATHE! To begin again, is such a hopeful idea! We will enjoy this invitation to go back to the basics of our faith, relishing our love relationship with God. We will begin with “awe – and surrendering to it.” We will be encouraged to cultivate the gift of waking up to the beauty of reality in all its glorious ordinariness. We can listen for God’s invitation to each of us personally, saying, **“I am here!”** All gift!

Our rhythm will be one of unforced grace. We will settle into our rooms when we arrive and then gather in our **ocean front meeting room** for registration around 4:30 on Friday. At 5 we will begin with some introductions to each other and the retreat, before we go to supper at 6. After that our 4 meeting times will be the same with some quieting, settling in time, followed by some music, content and then solitude reflection time (often in your room) with a page of optional reflection questions. We will then join our listening groups to process our prayer, closing with music. We will enjoy overnight silence, each night between evening prayer and morning prayer and Saturday afternoon is free for walking on the beach, napping, reading, however God leads you. Our closing worship Sunday will be at 11, so we can be on the road by 12ish.

**Led by: The Rev. Catherine Skinner Powell, D. Min.** As part of her own path to healing, Catherine did a solitude psychological/spiritual 3-week Intensive in Washington State, in 1990. There she learned that God is love. In 1998, God led her to leave her computer programming career to found The Anchorage: A Contemplative Community for All to better share this good news. She completed the Shalem Spiritual Guidance Program, the 30-day Spiritual Exercises of Ignatius at the Jesuit Center in Wernersville, PA, and was also trained there to offer 8-day Ignatian Retreats, her greatest sense of call.

**And by: Cindy Orr.** Cindy has been active in music ministry most of her life. She has served in her church music program, taught Sunday school classes and served in other various ways. She was in the group RainChild, that performed concerts and led praise and worship at churches, fairs, retreats, and festivals. She served as Worship Leader at Russell Community Church in Greenville. This year, Cindy will do some teaching as well as lead worship that glorifies God and encourages God’s people.

**Fee: \$395** (includes ocean front room – meals are on your own)      **Reg. (\$10)** by Dec. 31<sup>st</sup>

**Location: Grand Shores, N. Myrtle Beach, SC** (more info after registration)

**Registration Form** ..... **Please detach here and mail** .....

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

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Non-refundable deposit enclosed (\$10) \_\_\_\_

More information call: (864) 232-LOVE (5683)

or email: [catherineskinnerpowell@gmail.com](mailto:catherineskinnerpowell@gmail.com)

**Please send form with payment to:**

The Anchorage

P. O. Box 9091

Greenville, SC 29604

*Please know that all are welcome, regardless of ability to contribute financially.  
Contributions above and beyond the suggested fee are also gratefully received.*