

*Do you have a deep longing for God, both in prayer and action?  
Then this book study may be just for you!*

A Lenten Contemplative Book Study  
***Living in God:  
Contemplative Prayer and Contemplative Action***

By Msgr. Nicholas Amato

**5 Tuesdays, February 27 – March 26  
10a-12p**

*(Please plan to attend all sessions, if possible, to build community)*

Fr. Nicholas states at the outset "If you are looking for a scholarly work, this book may be a bit of a disappointment, but if you want a concrete way of disposing yourself to experiencing God as face-to-face, to have that presence have an impact on your life, then this work may be of assistance."

He wrote the book from his own personal journey as a response to a yearning he had as a youngster that he was unable to name. The yearning grew and in time, leading contemplative retreats became his fulltime work as a catholic priest. "This book is the fruit of the years in the vineyard of God's dwelling with people who likewise yearn and long to see God's face."

We will read prayerfully, about 30 pages/week, taking notes, marking up the margins! When we gather in our contemplative setting with some music and quiet listening, we will share what we are learning, what God is showing us.

The book will suggest many contemplative practices to try on our own and as a group. We will also learn a method for tracking our actions and over time, learn how God may be moving in our lives, and to where God may be calling us.

**Father Nicholas:** has Masters degrees in Counseling and Theology and a Doctorate in Education Administration. He has practiced contemplative prayer for over 45 years and led retreats with this focus. A graduate of the Shalem Institute, he is also an associate of Mepkin Abbey, a Trappist Monastery in South Carolina. He is now retired in rural PA amid the Amish and Mennonites, where he spends time in reflection and silence. His call is to those with **a longing for God**. He has a blog and is on Facebook.

**Led by: The Rev. Catherine Powell, D. Min.**, Founding Servant Leader, The Anchorage, earned her doctorate from Lutheran Theological Seminary at Philadelphia (LTSP). Her formation includes the Spiritual Guidance Program of The Shalem Institute, the 30-day Spiritual Exercises of St. Ignatius and training at the Jesuit Center, Wernersville, PA to lead Ignatian Retreats. She was ordained in 1999 and longs for all to know **how much they are loved and to love God in return!** The First and Greatest Commandment!

**Location:** Gower Estates, Greenville, SC

**Fee:** \$60 (Does not include \$14 book)

**Deposit (\$10) due by Feb. 23**

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**Registration Form**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Non-refundable Deposit (\$10) \_\_\_\_

Please send form with payment to:

The Anchorage

**Lenten Contemplative Book Study:**

P. O. Box 9091

***Living in God* by Nicholas Amato**

Greenville, SC 29604

For more information: (864) 232-LOVE

email: [catherineskinnerpowell@gmail.com](mailto:catherineskinnerpowell@gmail.com)

*Please know that all are welcome, regardless of ability to contribute financially.*

*Contributions above and beyond the suggested fee are also gratefully received.*