



**The Anchorage**  
A Contemplative Ministry  
P.O. Box 9091  
Greenville, SC 29604

Non-Profit Org.  
U.S. Postage  
PAID  
Greenville, SC  
Permit No. 1070



**The Anchorage**  
A Contemplative Ministry

# DEPTH SOUNDINGS

Encouragement, Inspiration and News from The Anchorage

August 2008

Return Service Requested

*"This is my strategy of love,  
to lead you into the wilderness,  
But once there, to speak  
tenderly to your heart."* Hosea 2:14

*Come away...*

*"What is the use of my complaining  
about not being a contemplative,  
if I do not take the opportunities I get for contemplation?"*

*I suppose I take them, but in the wrong way.  
I spend the time looking for something to read about contemplation –  
something to satisfy my raffish spiritual appetite –*

*instead of shutting up  
and emptying my mind  
and leaving the inner door open  
for the Holy Spirit to enter  
from the inside,  
all the doors being barred  
and all my blinds down."*

*-Sign of Jonah, by Thomas Merton*

*(Cont.d from p. 2)*

that you can put in your pocket. The word itself seems to invite a process of thinking about it – just being with it – savoring it with both the head and the heart – listening for God in it all.

These words of Gerald May express it well:

***"The contemplative way happens by being present in love: being appreciatively and responsively present right here and now."***

The thought above and quote on our cover by Thomas Merton reveal two different ways to talk about contemplation - and we have only just begun. (Note: Glenn Hinson is leading a 10th Anniversary Retreat in Nov. relating how Merton impacted his life. See listing on page 3.)

## "God-Inspired Leadership During Significant Two Years"



*In May, 2008, we presented Molly Wilkes, Chair (left) and Peggy Dulaney, Stewardship Chair and former Chair, service awards for completing their 3-year terms as Servant Leaders with The Anchorage. We are grateful beyond words for their significant contributions.*

### Financial Status as of July 31, 2008 (Fiscal Year is July 08 - June 09)

Total gifts hoped for	\$ 35,500
Received FGA*	\$ 4,539
Other gifts received	\$ 578
<b>Balance needed</b>	<b>\$30,383</b>
Total income budgeted	\$ 63,380
Total received	\$ 6,214
<b>Balance needed</b>	<b>\$57,166</b>

*\*From God's Abundance*

**Thank you donors  
and participants!  
Because of you our 5 new  
Initiatives are happening**

#### Update on FGA Progress

3-year Goal:	\$153,700
Pledged:	131,920
Remaining:	\$ 21,780

We invite you to prayerfully consider joining the FGA family! For example, a 3-year pledge of \$1800 could be paid \$600 a year or \$50 a month - as God leads. Any amount is great!



*anchor  
deep*

LABEL HERE

## “The Contemplative Way”

by Cathie Powell

Every year we select a theme for our quarterly “Depth Soundings” newsletters and this year it seems important to offer some thoughts about the word “contemplative” since that is THE word that seems to describe us best. The Anchorage: A Contemplative Ministry. You will be wise to let go of the hope for a clear definition (Cont.d on page 4.)

## “Living with a Contemplative Heart”

By Martha Campbell

*Our hearts are restless, O God, until they rest in you.*

-St. Augustine

There is restlessness in the human spirit. We might feel it as an urge to “do something” or a desire for “more” in relationship, in job satisfaction, in the need for greater balance between work and leisure. St. Augustine tells us that the restlessness that is at the root of our longing is really a restlessness for God. The mystics, those who have had an experience of God and trusted it, tell us that our restlessness is really an experience of God’s longing, God’s restlessness for us. The meaning that we give to our experience of restlessness can open us to living with a contemplative attitude.

**“This is the place, my contemplative heart, where my longing for God and God’s longing for me find a meeting place.”**

What is a “contemplative attitude?” At the Shalem Institute for Spiritual Formation we speak of the contemplative attitude as “a loving quality of presence in which I am open to things just as they are in the present moment.” This is an attitude that can be cultivated with practice. Walking through my day, I might notice my restlessness perhaps as I sit in traffic. If I stop to ponder my situation “in this present

moment” I might discover a quality of irritation or perhaps a sense of regret that I took this particular route, or even anger that my tax dollar has not yet solved the inadequacy of proper roads, or perhaps anxiety about the meeting that is beginning without me. Irritation, regret, anger, anxiety ... all of these feelings are part of my present experience. The contemplative attitude would have me orient to love in the midst of this awareness. If I open to my present situation in a loving way, everything softens. If I notice this precious present moment in the context of love, my heart becomes gentler toward myself, toward the traffic, toward others.

Living with a contemplative heart is another way of describing the contemplative attitude. It’s about learning to live lovingly in this present moment, accepting “what is” just as it is with all its frustration, with all its wonder. It’s about waking up to all the dimensions within my ordinary experience, stepping back and taking a “long loving look” to see what’s there, what is real and what I have imposed or fabricated.

If I am graced with an awareness of my longing for God in such moments, I come to wake up to the reality of God in all things ... yes, even in my frustration and impatience. In essence, living with a contemplative heart is really a gift of the Spirit. It’s a gift I can ask for and expect to receive since this is the place, my contemplative heart, where my longing for God and God’s longing for me find a meeting place. Take a moment now ... and notice everything within and all around you. Be in wonder at what you experience ... turn to God and then open your heart in trust. Ask God to infuse your awareness with love. Many such moments in the day may lead to an awesome discovery. You may find that your own restless heart is slowly being transformed by God’s presence and activity into a place of rest, refreshment and peace. You may be waking up to the gift already given, to the reality of living with a contemplative heart!

Thanks to Martha Campbell for this article. She is the Director of the Spiritual Guidance Program at the Shalem Institute for Spiritual Formation in Bethesda, MD. She is leading our first 10th Anniversary Retreat, at Bonclarken Retreat Center in Flat Rock, NC, Aug. 22 – 23. (space for 4!) See listing on p. 3.



## The Anchorage

### Vision

*For all people everywhere to see God more clearly, love God more dearly and follow God more nearly. For when just one person moves toward living out of that graced space, there is a ripple effect which is our best hope for the healing of our world. The Anchorage wants to contribute to that hope.*

### Mission

*The Anchorage provides a setting in which women and men may come away to be with God, as revealed in Jesus the Christ; and to come to love more deeply, through spiritual direction and contemplative retreats, this God who loves us beyond measure.*

### Metaphor

*Come away to a safe harbor and anchor deep in still waters as a respite from the wind and waves; where pilgrims may enjoy prayerful grace, honor the rhythm of Sabbath and open more fully to the mystery of God’s love.*

## Servant Leaders

Francina Bardsley  
Barbara Borom  
Mike Flanagan, Chair  
Margaret Hardy  
Donna Meyer  
Robert Miles  
Cathie Powell, Exec. Dir.  
Camp Wynn

**The Anchorage**  
P.O. Box 9091  
Greenville, SC 29604  
864-297-5308  
www.theanchorage.org

## Thank you, Donors! August 07 – July 08

Tom and Kathy Atkinson \*  
Bobby and Marian Austell \*  
Mike Baynai  
Francina Bardsley \*  
Joe and Miriam Bare  
Tim and Madeline Blackwell \*  
Anne Bosch \*  
Anonymous \*  
Jeannie Bouton  
Ralph and Becky Bouton \*  
Charlie and Dottie Bryan \*  
Bradshaw, Gordon and  
Clinkscales  
Tom and Dee Buford \*  
Nelle Burgess \*  
Ralph and Carol Cain \*  
C. Dan Joyner  
Jim and Holly Caprell \*  
Jim Cashion  
David Caughman  
Martha Causey \*  
Jim and Ethel Childress \*  
Nancy Christopher  
Margaret Clark \*  
Tonya Cochran \*  
Peggy Cox \*  
Heide Craig  
Ben and Anne Crider \*  
David and Mary D’Alesio  
Marianna D’Amico  
Steve and Sandra Davis \*  
Gail DePriest  
Gary and Carolyn Dicer \*  
Rebecca Dixon \*  
DMH Adhesives (Matt Devine)  
Linda Dodd and Ron DePietro \*  
Peggy Dulaney \*  
Paul and Martha Ebel \*  
Travis and Laura Ann Ellison  
Tom and Becky Faulkner  
Mike Ferreira  
Steve and Melody Fifer  
First Presbyterian Church,  
Simpsonville  
Kathryn Fitzgerald  
Mike and Deb Flanagan \*  
Clarence Fox  
Mike and Adele Freeman \*  
Joseph and Erin Fuduric  
Gally and Fielding Gallivan \*  
Ernest and Joan Garrett  
Connie Glass \*  
Raoul and Susan Glenn \*  
Ed and Peggy Good \*  
Mary Jane Gorman  
Allison Greene \*  
Richard Greenfield  
Marilyn Griffith \*  
Gayle and Barbara Gulley  
Bob and Lis Hamer \*  
Jack and Pat Hansen \*  
Margaret Hardy \*  
Marie Harwanko  
Jeff and Lari Hatley \*  
Hayden Hays

Jim and Marian Heaton \*  
Kay Hill  
Gennie Dearing Hilton \*  
Bill and Jo Ann Hoffman \*  
Ed and Wylene Holder  
Joseph Holt \*  
Theresa Horton \*  
Humaneering International  
Harvey Huntley  
Tom and Janet Huskey \*  
Independence National Bank  
Pat and Mary Jansen  
Darrell Jervey  
John and Janice Johnson  
Johnson Class, First Baptist,  
Greenville  
Susan Jones \*  
Kathleen Kemp \*  
Jack and Lucy Kuhne  
Marva Lackey  
Jack and Charlotte Laughlin \*  
David and Susan Leaphart \*  
Steve and Norma Lefler \*  
Lea Lazenby Lewis \*  
Lang Ligon \*  
Don and Judy Lineback  
Larry and Debbie Lollis \*  
Joylyn Lynch \*  
Mackie and Sue Manning \*  
Sara Mansbach  
Mary Markley Marshall  
Barbara Massey \*  
A. F. Masters  
Watt McCain  
Ann McCord \*  
Dick and Jan McCormack \*  
Joanne McCoy \*  
Rhett and Sarah McCraw  
Mark McGrail  
Carl and Barbara McKenzie  
Edgar and Shirley McKnight  
Ashlyn Mengel  
Paul and Donna Meyer \*  
Robert and Debbie Miles \*  
Todd and Jane Milford \*  
Cindy Minter  
Brian and Beth Morgan  
Nancy Morgan  
Gene and Betty Morin \*  
Mary Ann Myers  
Jim and Leonette Neal  
Neal Prince Architects  
Jo Nicoll  
Janice Nixon  
Buzz and Lou O’Brien  
Mary Louise O’Day  
Stacey Olive-Erwin \*  
Dolores Paque  
Charley and Kathy Patten  
Charlene Payne  
Ernie and Barbara Pearson  
Pelham Links Family Dentistry  
Bill and Ginger Penick  
Eugenia Potter  
Rob and Suzie Powell

Skeeter and Cathie Powell \*  
Harry and Mary Helen Ragland \*  
Sammy and Terri Reese  
Nancy Riegel \*  
Lance and Sue Renault \*  
Towers and Claire Rice  
Frances Ridgill \*  
Helene Rhodes  
Pat Rothell  
Jim and Judi Rushton \*  
Eldon and Linda Russ \*  
Kent and Linda Satterfield \*  
Jackie Schauer \*  
Stan and Joanna Schuman  
Don and Susan Shelley \*  
Mary Shilling  
Harry and Pam Shucker \*  
Bill Sibley \*  
Chip and Wendy Smith  
Ellison and Christine Smith \*  
Doug and Denise Spreen \*  
Betty Stall \*  
Dick and Louise Stanford \*  
Debbie Stegman  
Carol Cline Stilwell \*  
Chris and Heather Neal Stone  
Virgil Story \*  
Gary and Stephanie Strickland  
Gerald and Lois Stroud  
Carl and Lynda Sykes \*  
Will and Sydney Sykes \*  
Bill and Woo Thomason \*  
Mary Frances Thompson \*  
David and Lind Vickery  
Tom and Chelsea Wakefield  
Henry and Jane Watkins \*  
Holland Webb \*  
Tim Werts  
Annette Weyerhaeuser \*  
Faye Wilkinson  
Tom and Molly Wilkes \*  
Randy and Diana Wright  
Baxter and Paula Wynn \*  
Camp and Leah Wynn \*  
C. J. and Shirley Young \*  
Lewis and Melissa Young  
Dennis and Janet Yusi

*\*From God’s Abundance*  
Pledge – of any amount

**174 donors gave \$68,150!**

### In-Kind Gifts

Anonymous  
Peggy Dulaney  
Mike Flanagan  
Glenn Hinson  
Theresa Horton  
Lars Powell  
Rob Powell  
Skeeter Powell  
Holland Webb  
Molly Wilkes  
Camp Wynn



## Upcoming Events

**July 2008– June 2009**

**Aug. 21, Thurs.,** 7 – 8:30  
Info Session “Retreat in  
Everyday Life” led by Donna  
Meyer and Cathie Powell  
(space for 2 more)

**Aug. 22 – 23, Fri. – Sat.,**  
“The Living Flame of Love:  
Life in the Spirit: according  
to St. John of the Cross” at  
Bonclarken, Flat Rock, NC led  
by Martha Campbell  
(space for 4 more)

**Sept. 4, Fri.,** 9:30 – 3:30  
“Fall Clergy Day: Is it an  
Intimacy Issue?” led by Mike  
Flanagan

**Sept. 18, Thurs.,** 6:30–8:30pm  
Caregivers’ Dinner: “Calm in the  
Chaos” First Baptist Greenville,  
led by Peggy Dulaney

**Oct. 10, Fri.,** 9:30 – 3:30  
Clergy Quiet Day Series (2) led  
by Mike Flanagan

**Oct. 24 - 31, Fri. – Fri.**  
“Fall Directed Retreat” at  
Mepkin Abbey, Moncks Corner,  
SC led by Cathie Powell (room  
for 2 more)

**Nov. 18, Friday,** 9:30 – 3:30  
“Fall Quiet Day: Resting in the  
Way of Love” led by Francina  
Bardsley

**Nov. 21 - 23,** “Thomas Merton  
My Brother,” at Kanuga,  
Hendersonville, NC, led by  
Glenn Hinson (space for 4 more)

**Dec. 4, Thursday,** 6:30 – 9pm  
“Making Room in the Inn (XII):  
an Advent Retreat” on Comfort  
and Joy led by Cathie Powell

**Jan. 25 – 27,** “Beach Retreat:  
Discernment and Dreams”  
at the Litchfield Inn, Pawleys  
Island, SC led by Caroline  
Smith

**Jan. 27 – 29, Sun. – Tues.,**  
“Praying the Hours” at the  
beach, led by Cathie Powell

**(\$10 reserves your space!)**