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All Saints Episcopal Church, Concord, NC Augusta Heights Baptist Church Eau Claire Baptist Church, Columbia, SC Grace Community Church, Greensboro, NC Providence Presbyterian Church, Charlotte, NC

Gifts in honor/memory of

Rhett and Sarah McCraw, in memory of Gayle Price

Joye Shurtleff Parks in honor of Catherine Powell

Charles and Kitty Skinner in memory of Catherine's parents and Charles' aunt and uncle Bruce and Frances Skinner

107 donors giving \$15,200



Chronological Listing

July 2013 - June 2014

Date Event (Leadership)

YEAR 'ROUND OFFERINGS

July - June Monthly Spiritual Direction (Catherine)
July - June Individual Directed Retreats (Catherine)

ONE-TIME OFFERINGS

August

5-9 Directed Retreat, Mepkin Abbey (Catherine)

October

7-11 Directed Retreat, Mepkin Abbey (Catherine)

November

8 Love Songs: Fall Quiet Day, Gower Estates (Catherine)

December

Making Room in the Inn: Advent Retreat, Gower Estates (Madeline)

January

24-26 Beach Retreat (XVI): Praying with St. Francis (Caroline)

26-27 Praying the Hours, at the beach (Catherine)

Chef for both events (Margaret)

March

14 God Cares for Caregivers, Gower Estates (Peggy)

April

4 Take Heart: Spring Quiet Day, Gower Estates (Catherine)

7-11 Directed Retreat, Mepkin Abbey (Catherine)

Details for the above events are at www.theanchorage.org – our website. Click on Booklet or Events. Register with registration form on page 5 of this "Depth Soundings" with \$10 deposit, or by using Paypal online.

All events are affordable for everyone! (If \$10 is all you can pay, then \$10 is all you pay.

WE ARE ONLY MAILING BOOKLETS BY REQUEST.

Ashlyn Mengel, Sacred Treasure

It is with deep sadness that I tell those of you who do not already know, that Ashlyn Mengel went to Jesus on May 28. She led music retreats with The Anchorage and co-led our Artists and Mystics Retreats with me for several years. She survived ovarian cancer for almost five years and never lost her joy.

At her memorial service her husband, Chris, said that when he first began dating her, he realized she was a sacred treasure. And that she was for many of us. Her diagnosis preceded mine by about a year, and while mine was more hopeful from the start, she showed me how to do cancer. Here are her words for me before my first chemo:

"Praying with you and for you fellow survivor! Remember, and I do mean 're-member' as in let this remind you of your membership in God's own family and in the protection of God as God's child. CHEMO stands for Concentrated Healing Energy for Moving On. Re-member Who is "King over the flood" of emotions, of medicine... and be still and know Who is God. Re-mind yourself every time that while common knowledge says this is "poison," we know and experience a God whose "Love surpasses knowledge" and casts out all fear. For in that Love is Truth that shines in the darkest place and sets us free. Our God, whose Presence I believe is received and felt as we ingest earthly elements of bread and wine, can even be Present in and through this medicine entering your body. The One who formed you and knit you together knows and loves every cell- and enables your body to receive these infusions as healing liquid. Liquid that uses a plant-based medicine, but, I have experienced, carries with prayer, the very healing power and presence of our Life-Giver, and Pain-Bearer – our Abba and Amma God. You are held. Loving our God and God's work in you, Ashlyn"