

*Feeling called to a day of spacious grace and peace to open more fully to the mystery of God's love? You might want to consider...*

## The Anchorage ZOOM "Desert Days"

August 6

9:30 a.m. – 2:30 p.m.

**Come away for spacious silence within a gentle rhythm of music and reflection both together and in solitude, allowing the Holy Spirit to open our hearts and our hands through the mystery of discovering more deeply our true source of inner peace, healing and guidance.**

The theme for the year is "Comfort and Joy". Our Desert Day Leaders will bring unique content and style to each day. The main point of the day is to spend time in quiet with our holy and loving God. We have been gratefully surprised that the time on Zoom is such a great time to connect with others, it is worth the trouble to be on the computer. A possible schedule will be:

- 9:30 Light a candle to honor God's presence – then an introduction to the space and to each other
- 10:00 Opening Prayer, comments on topic, with handout for reflection
- 10:30 Find space to be with God – sit quietly, walk
- 11:30 Lunch – all together. We will use lunch to ask this question for the group to share  
"What are you learning from God, what has God been saying to you, over the last 2 months?"
- 12:30 Regather in prayer, comments on topic, simple handout for reflection
- 1:00 Find space to be with God
- 2:00 Closing prayer
- 2:30 Adjourn

*Within the unhurried rhythm of the day, find a place that nurtures your soul, maybe outside, with as few distractions as possible, and just "be." Sense God within you; respond with your heart.*

Led by: **Catherine Powell** is the Founding Servant Leader of The Anchorage. Her formation includes the Shalem Spiritual Guidance Program, the 30-day Ignatian Spiritual Exercises, and Jesuit Center training to lead 8-day retreats. She was blessed to help with an MDiv spiritual formation class at United Lutheran Seminary. Her passion is encouraging a mutual love relationship with God.

Location: **Your own quiet space using Zoom. We just need a correct email address for you.**

Fee: **\$20 (since you will need to print your own copies, provide your own quiet space and lunch)**

**Registration Form** ..... **Please detach here and mail** .....

Name: \_\_\_\_\_ \*\*Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\$10 Dep\_\_\_\_\_

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*Please know that all are welcome, regardless of ability to contribute financially.  
Contributions above and beyond the suggested fee are also gratefully received.*