

*An oceanfront single room and ample time to learn, walk, pray, and just be,
and even better to be.... with God!*

The Anchorage 27th Annual Beach Retreat

“Learn the Unforced Rhythms of Grace”

Friday, Jan. 24 - Sunday, Jan. 26, 2025

Come away, anchor deep! TAKE TIME TO BREATHE! “Unforced Rhythms of Grace,” is such a hopeful idea! We will enjoy this invitation to listen well with the ears of our hearts, and let God lead. To enjoy our love relationship with God. We will be encouraged to cultivate the gift of waking up to the beauty of reality in all its glorious ordinariness. We can listen for God’s invitation to each of us personally, saying, “**I am here!**” All gift!

Our rhythm will be one of unforced grace. We will settle into our rooms when we arrive and then gather in our **ocean front meeting room** for registration around 4:30 on Friday. At 5 we will begin with some introductions to each other and the retreat, before we go to supper at 6. After that our 4 meeting times will be the same with some quieting, settling in time, followed by some music, content and then solitude reflection time (often in your room) with a page of optional reflection questions. We will then join our listening groups to process our prayer, closing with music. We will enjoy overnight silence, each night between evening prayer and morning prayer and Saturday afternoon is free for walking on the beach, napping, reading, however God leads you. Our closing worship Sunday will be at 11, so we can be on the road by 12ish.

Led by: The Rev. Catherine Skinner Powell, D. Min. As part of her own path to healing, Catherine did a solitude psychological/spiritual 3-week Intensive in Washington State, in 1990. There she learned that God is love. In 1998, God led her to leave her computer programming career to found The Anchorage: A Contemplative Community for All to better share this good news. She completed the Shalem Spiritual Guidance Program, the 30-day Spiritual Exercises of Ignatius at the Jesuit Center in Wernersville, PA, and was also trained there to offer 8-day Ignatian Retreats, her greatest sense of call.

And by: Cindy Orr. Cindy has been active in music ministry most of her life. She has served in her church music program, taught Sunday school classes and served in other various ways. She was in the group RainChild, that performed concerts and led praise and worship at churches, fairs, retreats, and festivals. She served as Worship Leader at Russell Community Church in Greenville. Currently she is Minister of Worship for Worldwide Harvest Ministries in Greenville. This year, Cindy will offer some teaching as well as lead worship that glorifies God and encourages us on our faith journeys.

Fee: \$395 (single ocean front room – meals are on your own) Reg. (\$10) by Dec. 31st

Location: Grand Shores, N. Myrtle Beach, SC (more info after registration)

Registration Form **Please detach here and mail**

Name: _____ Email: _____

Address: _____ Phone: _____

27th Annual Beach Retreat

Non-refundable deposit enclosed (\$10) ____

More information call: (864) 232-LOVE (5683)

or email: catherineskinnerpowell@gmail.com

Please send form with payment to:

The Anchorage

P. O. Box 9091

Greenville, SC 29604

Please know that all are welcome, regardless of ability to contribute financially.

Contributions above and beyond the suggested fee are also gratefully received.