

God loves you and longs for time with you – just to be together – in LOVE.

If you are sensing God’s invitation, this retreat may be for you.

“Praying Scripture Retreat” (Ignatian Exercises)

**In your own time and space
meeting for spiritual direction daily
either in person or on Zoom**

The daily rhythm of our “Praying Scripture Retreat” includes 1 hour of spiritual direction with Catherine, three hours in solitary prayer with Scripture, and however else God leads you: walking, napping, star-gazing. You are welcome to stay home if it is conducive to silence or find a place for retreat. We can meet in person on the deck at my home in Greenville, SC or on Zoom from wherever you are.

The retreats are individually directed to offer an opportunity for extended silence and solitude. Catherine will make suggestions for prayer drawn from the spiritual exercises and the Ignatian tradition. Ideally retreatants will have some experience in meditative prayer, the desire to enter into prolonged silence, and sufficient self-awareness to recognize their own inward movements.

A format for your prayer will be suggested, the same format used in the Ignatian exercises all over the world since the 16th century. It will involve reading the scripture passage and then putting yourself into the story in your imagination, noticing with your senses what is going on. You will be invited to join in, to interact with those in the story, especially Jesus. Somehow, it becomes very real.

Led by: The Rev. Catherine Powell, D. Min., Founding Servant Leader, The Anchorage, earned degrees from the University of Florida, Erskine Theological Seminary and Lutheran Theological Seminary at Philadelphia. Her formation also includes a 3-week spiritual/psychological process, the Spiritual Guidance Program of The Shalem Institute, The 30-day Spiritual Exercises of St. Ignatius at the Jesuit Center for Spiritual Growth, Wernersville, PA, as well as training to lead 8-day Ignatian Retreats. Ordained in 1999, she enjoys family, friends, music and nature. *Make Your Home in My Love: Live in My Joy* was published in 2019. She claims she co-authored it.

Location: Wherever you are. (Glad to suggest places near Greenville, SC, if you like.)

Fee: 3-day (4 sessions) - \$150; 5-day (6 sessions) - \$200; 7-day (8 sessions) - \$250.
\$10 deposit secures your space, and the rest can be paid after the retreat is over.

Registration Form Please detach here and mail.....

Name: _____ Email: _____

Address: _____ Phone: _____

Ignatian Retreat: 3 day ___ **5 day** ___ **7 day** ___
More information call: (864) 232-LOVE (5683)
or email: catherineskinnerpowell@gmail.com

Please mail registration to:
The Anchorage
P. O. Box 9091
Greenville, SC 29604